



Signs of abuse could be obvious such as

- bruises, cuts
- the adult doesn't have enough food or clean clothes,
- they suddenly become fearful, nervous, over anxious or their personality changes.
- An adult may report to you or tell you something which indicates that abuse is happening, in all cases we have a duty to report to social services who will investigate any concerns.

If you are worried its important to act, contact the Appleby Trust on **02837 518211** and we can report on concerns or contact the Gateway safeguarding teams in social services on the following numbers:

**Children:**

Craigavon and Banbridge area-  
**02838 343011**

Newry and Mourne area-  
**02830 825120**

Armagh-  
**02837 415285**

Dungannon-  
**02887 713506**



**Adults:**

Working hours (9-5)

**028 37 564423**

Out of Hours:

**028-95-049999**



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the  
**appleby**  
trust

**SAFEGUARDING  
ADVICE  
FOR EMPLOYERS**



It is the responsibility of everyone in society to ensure that all our adults at risk are protected.



An adult at risk of harm is someone who is over 18 and in need of support because of;

- Physical disability
- Mental health
- Illness
- Age
- Learning disability
- Sensory disability
- and they are not able to protect themselves against serious harm.



Adults at risk are more vulnerable than other members of the community to bullying and abuse.

Abuse comes in many forms- emotional, physical, sexual, financial, neglect, discrimination and Institutional, which is when adults who are cared for in residential settings are not treated with respect or the proper care.